the cook & the garden

Grapefruit Ginger Marmalade Recipe makes 6 - ½ pint jars

4-5 medium grapefruit

4 cups sugar

3/4 cup finely chopped crystalized ginger

2 Tablespoons peeled and finely chopped fresh ginger

- With a sharp knife cut peel and white pith off all the grapefruits. If possible use a plastic cutting board so that you can capture grapefruit juice as you cut.
- Cut out the core of the grapefruit and remove the seeds. You should have about 5 cups of grapefruit chunks.
- Put chunks of grapefruit in the blender or food processor, and process until no large chunks remain (small chunks are okay).
- Combine all ingredients in a heavy bottomed sauce pot and bring to a boil. Simmer on low for 2-3 hours.
- Test for doneness by putting a small spoonful of marmalade on a cold plate and let it sit for about 5 minutes it should be sticky and not runny.
- ❖ To make marmalade shelf stable water bath can marmalade by putting in 6 sterilized half pint jars, putting jars in a large pot of boiling water that covers the lids of the jars by one inch. Boil for 15 minutes. Remove jars from the water and allow to cool before storing.

Cranberry Grapefruit Marmalade Recipe

Follow the above recipe and substitute 12 ounces fresh cranberries – finely chopped – for the crystalized ginger and fresh ginger.